Mission Statement

Narcolepsy Network is dedicated to improving the lives of men, women, and children with narcolepsy. The organization's goals include increasing public awareness to foster early diagnoses; advocating for all persons with narcolepsy; promoting and supporting narcolepsy and related research; and providing education and resources both to people living with narcolepsy and the public at large.

A Brief History of Narcolepsy Network

Narcolepsy Network (NN) emerged from the vision of 13 women from self-help groups across the United States - Mary Babcock (NE), Ruth Justice Nebus (NJ), Norma J. Potter (FL), Nicole L. Kephart (OR), Ann Matthes (MA), Eve Davis (NH), Sue Brockway Carella (CA), Niss H. Ryan (NY), Clair S. Sassin (DC), Jan Wright (CA), Violet Baumann, Blanche Baechalin, and Lorraine Baird (NJ).

In July 1984, most of these women met for the first time in Akron, Ohio. All were members of the American Narcolepsy Association (ANA), which no longer exists today. Originally convened as a task force charged with resolving ANA member issues, this group soon realized those issues were intractable, and instead began forming a new organization.

They elected Mary Babcock provisional President, decided on the name “Network,” and began outlining the new organization’s programs. Demonstrating the power of REM sleep, committee member Jan Wright awoke from a short nap inspired with the new group’s motto: “CARE,” standing for COMMUNICATION, ADVOCACY, RESEARCH, and EDUCATION.

In January 1986, the Task Team met at Chilton House in Shrewsbury, NJ, completed the Articles of Incorporation and Bylaws for the new organization, appointed Ruth Justice Nebus as its incorporator, and elected Niss H. Ryan, Sue Brockway Carella, Jan Wright, Norma J. Potter, and Ruth Justice Nebus as its founders. They incorporated the association that April, and held the first Narcolepsy Network Annual Meeting and election of officers in May in Shrevesport, NJ. Approximately 75 members attended the first meeting. Since then, NN has held Annual Meetings every year in various U.S. cities.

From its first year, Narcolepsy Network opened communications with the National Institutes of Health, the few sleep disorders centers then in existence, and other key health and science leaders. Understanding and supporting relevant research, advocating for PWNs (people with narcolepsy), and building the organization were the foundational goals.

By 1988, NN’s New York City conference drew 200 attendees. There, Dr. John Holloman received the first William C. Dement Research Award, and members staged a “Nap-In” in Central Park, gaining national attention and coverage on CNN. NN members even crisscrossed the country in the “Wake Up America” caravan as part of a concerted effort to raise both public and Congressional awareness about sleep disorders. This 12,000-mile journey bore fruit in 1993 when President Clinton signed The National Sleep Disorders Research Advisory Board into law.

By 1996, after 10 years as an all-volunteer organization, NN began hiring professional staff, including its first Executive Director. This allowed for further advocacy, organizational development, and physician outreach at such venues as the American Academy of Neurology and the National Science Foundation. Membership drives, health provider education, and fundraising efforts also became better coordinated.

What does the future hold for the NN? Since our founding, we have seen major advances in research and treatments. Technology has vastly increased access to information on symptoms, diagnosis, treatments, research, resources, and more. Our membership has grown significantly from its original 79. As newly diagnosed younger people join our organization, they bring with them the energy and creativity to advance the organization and its goals for the next 25 years and beyond.
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A Brief History of Narcolepsy Network

Dear Members and Supporters,

2015 was a tremendous year for Narcolepsy Network, filled with many successful events and programs that raised narcolepsy awareness, educated a variety of audiences, and empowered people with narcolepsy.

Here is a quick look at some of the ways NN CARES about the narcolepsy community:

C — Communication: NN continued to be a social media powerhouse by bringing narcolepsy news and information to people around the world via its Facebook and Twitter pages. These and other social media outlets were an important part of our advocacy and awareness efforts this year.

A — Advocacy: Narcolepsy patient advocates rallied together to apply for and receive official proclamations declaring March 7, 2015 to be Suddenly Sleepy Saturday/Narcolepsy Awareness Day in 47 U.S. states, plus six U.S. cities, two Canadian cities, and even an international effort in South Australia.

R — Research: Dr. Claire Donjacour received our 2015 Researcher of the Year award. Read more about her on page 10.

E — Education: We kicked off the Youth Ambassador Program at the 2015 Conference in Minneapolis. This program has already had success educating medical professionals, teachers, and other school staff about narcolepsy.

S — Support: We added a Resource Program to our services so we can connect our members with experts in education, family support, law, and other areas.

As NN’s Board President, I am dedicated to ensuring that the NN CARES vision permeates throughout the narcolepsy community. I encourage all people with narcolepsy, their families, and supporters to become members of this growing community. NN relies on memberships, donations, and grants to further our mission.

As we look to the future, we will continue to be advocates to those with this invisible disorder. 2016 marks the 30th year for us as an organization. We look forward to supporting those with narcolepsy and their families and loved ones in this year and beyond.

A Message from Our President

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To the outside world, Heather Powis is a typical high school senior - studying for exams, applying to colleges, and contemplating what the future may hold. The difference is that she has narcolepsy.

When Heather was in the 8th grade, she suffered from a concussion. This may have been the final incident that resulted in the onset of her narcolepsy. Her mom noticed she was sleeping more and more, and was always feeling exhausted. Based on this and unexpected buckling in the knees, Heather went to a neurologist who then referred her to a sleep doctor.

The time of her diagnosis proved to be unfortunate as she was starting a new school. Her new friends were not fully aware of her disorder since they did not have any other expectations of her. Her old friends did not understand why she was acting so different, and her teachers did not know her as the driven student that she truly is. In school, Heather felt worried to share the difficulties she was starting to experience. She felt, as a student, she did not have the right to ask to postpone a test or tell a teacher that she needed more time to complete an assignment. She said, “I felt the need to accept what teachers gave. I was too scared to speak up.” Eventually, Heather was able to find her voice and commented, “I learned I needed to be an advocate for myself. I have the right to speak up.”

One of her biggest challenges was getting accommodations. Despite trying to explain her needs and how narcolepsy affects her academically, the invisible nature of narcolepsy seemed to prevent her from receiving the support she needed. It was only after an attack in a math class where a “higher-up” saw how narcolepsy was impacting Heather's ability to do the work that things began to change. From there on, she was able to get the accommodations she needed.

Some teachers, however, still did not understand. Heather felt that she was an inconvenience with her requests. She even tried to take a test on a Friday after school, but she fell asleep, and did not do as well as she hoped. Heather fought to make sure she was able to get extended time to complete her tests and even wrote a letter to the school to explain the symptoms of narcolepsy. Heather offers this advice, “To teachers, there's no predicting when narcolepsy is going to hit someone or effect someone's academic performance, so help the student as best as possible. For kids, just be willing to be open and talk with the teacher. Communication is key.”

Now that it's been some time since her diagnosis, Heather says she is open with her experience with narcolepsy and is willing to tell people about it if they want to know more. She says, “At first, I tried to hide it, deny it. Now, I have accepted it. It's part of who I am, but it doesn't have to rule my life.” Heather has been able to find a medication that works for her and says, in January, she was able to laugh without experiencing symptoms of narcolepsy, a feeling she explained, was “something she forgot what it was like.”

It is only fitting that Heather decided to join NN’s pilot Youth Ambassador (YA) program in 2015. She said her main reason for wanting to join the new program was so she could be the advocate she never had. She wants to make life a little easier for someone else.

As a YA, Heather was able to spread awareness and was even able to speak at Congressman Jim Hime’s office in Connecticut about narcolepsy (Heather is pictured with Amy Lappos, Constituent Service Representative at Senator Himes’ office, at the left side of this page). She was also able to connect with a family of a young child with narcolepsy. Heather gave a presentation to teachers and nurses and was able to describe what narcolepsy and cataplexy are and how they can affect daily life. The presentation was well received, allowed for a boarder understanding of this invisible disorder, and opened the school board to create an in depth analysis for the best educational plan for the child.

Heather may not be the typical high school student, but she is not letting narcolepsy define her. After graduation, she will be attend Queen’s University in Ontario, Canada to pursue math and physics.
A Reason to Give: Taylor Li

China is comprised of over 1 billion people. It’s no surprise that it is estimated that there are 700,000 Chinese people with narcolepsy. What is surprising is that only about 5,000 people get diagnosed. This statistic is why Taylor Li is spreading awareness across the country.

Taylor estimates that she had narcolepsy since she was about four years old. Every day in school, she would fall asleep. Taylor’s cataplexy started around 12 years old – she remembers feeling nervous, like she could not move. In high school, she tried to take naps on breaks. Teachers did not make her disorder an issue since Taylor kept her grades up, they only knew she fell asleep. Internally, though, Taylor questioned herself. She said, “I did not see anyone else falling asleep. I felt like I wasn’t good enough – I blamed myself. I couldn’t focus. I felt out of control.”

Even after falling asleep during the SATs, Taylor did not think anything was wrong. Since there was no awareness about narcolepsy, she did not think that her feelings of exhaustion and falling asleep were linked to anything that needed medical attention.

When Taylor was studying at USC, she was depressed, always felt tired, had hallucinations, did not sleep well at night, and felt like her condition was getting worse. It wasn’t until one of her American friends brought up narcolepsy that she made the connection. She said, “On one side, I was happy to know what it was, but on the other, I was frustrated because no one ever explained to me what it was.” In 2014, Taylor went to a sleep center and was finally diagnosed.

Shortly after her diagnosis, she returned to China and was saddened to realize that no one believed her or that they thought narcolepsy was a joke. Even her parents did not take her seriously.

With this realization, Taylor felt like she needed to do something. She commented, “There aren’t doctors, treatments, or medicines to treat narcolepsy like there are in the U.S. Narcolepsy did not ruin my life, but I know there are thousands of Chinese narcolepsy patients whose lives could be severely altered without the proper knowledge and awareness.”

To help spread awareness, Taylor then created a website, social media posts, and two Chinese PSA videos. The first video was launched on Sina Weibo, a social media platform that is equivalent to Twitter. Total video viewership reached 180,000 within four days and overall viewership of a single Weibo summed up to 10 million.

One of the biggest reaches Taylor had was when she was interviewed from a news reporter from Sina, the biggest media platform in China. Taylor’s message was seen on the front page for three days and even the online photo album received over one million clicks. Another media opportunity came when Anhui Province TV asked for help to produce a series on narcolepsy for the most popular health TV show in China. Taylor’s media outreach helped spread awareness and was able to educate the public about narcolepsy.

Taylor says that patients who were once helpless are now feeling more optimistic. She hopes, one day, that there will be a conference in China where others can connect. She added, “I realized I’m not alone. I’m strong and confident, but I’m also inspired by others. I want to reach out to those who are struggling.” Taylor’s ultimate goal is to continue to increase awareness through campaigns and collaboration with the Chinese government. This will mean that more doctors will be able to recognize and diagnose narcolepsy. More awareness will then mean more treatment options.

Taylor’s work has certainly made an impact in her homeland. The more awareness that is spread, the more outreach and support a patient can receive – something that everyone can benefit from.
2015 Highlights

New Resource Program Aims to Connect Members to Experts

Narcolepsy Network introduced a new benefit for NN members. Our Resource Program connects our members with experts in education, family support, law, and other areas. Our experts are carefully chosen volunteers who, as the name suggests, are experts in their fields, and are also trained in confidentiality, and have narcolepsy or have a close family member with narcolepsy. They provide free advice and support to NN members who need it.

When an NN member has a problem or needs advice, they contact the Community Representative. The Representative will talk with the member, get a sense of their situation, and refer them to an expert who can provide advice specific to the situation.

These services are available to NN members. There is no charge for the advice that is received.

New Youth Ambassador Program Kicked Off at the 2015 Conference

Narcolepsy Network kicked off the Youth Ambassador (YA) Program, a new outreach program for young PWNs, at the 2015 conference. The goal of the YA program is to educate and raise awareness about narcolepsy in classrooms and the community through presentations to teachers, nurses, community leaders, etc. The program will hopefully help decrease the stigma associated with narcolepsy, raise awareness about the condition among teenagers and adults who work with them, and present accurate information about the condition to counter stereotypes.

The new YA Program trained high school students to become narcolepsy advocates and educators in their communities. Each YA team consisted of a parent (or another trusted adult) and a student. The teams received a PowerPoint presentation about narcolepsy, handouts for their audience, materials to put together a display board, and additional resources they can read to learn more about narcolepsy or refresh their knowledge from the training session. During the training, the teams learned public speaking skills and presentation techniques, and discussed the best ways to talk about narcolepsy for a variety of potential audiences.

The inaugural group of YAs, and their parents, completed the YA training program during the 2015 annual conference. The parents and teens were both excited to be a part of this new initiative.
NN Partners with Nexus Narcolepsy Registry

NN partnered with the Nexus Narcolepsy Registry, a collaboration of patient advocacy organizations including NN, leading narcolepsy researchers, and industry representatives. The goal of the registry is to track a large number of people with narcolepsy over several years. Volunteers were asked to complete a series of questions every six months - the questions asked about symptoms, diagnosis, treatments, and the ways narcolepsy affects day-to-day life. Findings from the registry will be published and shared at medical meetings with the hope of stimulating new research and discoveries that will improve diagnosis rates and treatments.

2015 Highlights

Outreach to Healthcare Providers and Educators Continued in 2015

Narcolepsy Network had four representatives at Rare Disease Week in Washington, DC including members Tiffany McCullough and Carlisa Thomas-Timpson. The week included several days of education and advocacy. Congressional staffers and speakers from the National Health Council and other advocacy organizations discussed important pieces of legislation that affects the entire Rare Disease community including the 21st Century Cures Initiative, a bill that aims to accelerate the pace of medical breakthroughs in the U.S., the Orphan Product Extensions Now Accelerating Cures and Treatments (OPEN ACT), and the Dormant Therapies Act. The OPEN ACT would give drug companies incentives to re-purpose drugs for rare diseases while the Dormant Therapies Act would create new patent protection for potential therapies that companies are unwilling to develop because they do not have patents that would make them profitable.

In early June, more than 5,000 medical personnel from every corner of the globe attended the annual Meeting of the Associated Sleep Societies (SLEEP) conference in Seattle, Washington. Board Member Dr. Mark Patterson was on hand to present the results of a survey conducted on the utility of the QR-coded medical alert materials, which NN provided to all 2014 members. Six months after distributing the wristbands, we sent a survey to all of the recipients. Based on these results, the medically linked QR-code appeared to have been scanned by several people for medical use, including at least once in an urgent/emergency situation. During the presentation many people asked questions about the items and the use of a QR-code to transmit medical information. Some specialists from as far away as Canada and Japan took information for the possibility of using similar materials in their countries.

Lastly, NN went to the Annual American Academy of Pediatrics (AAP) meeting in Washington, DC at the end of October. We had a booth and many of the thousands of pediatricians who attended from all over the world stopped by to learn about narcolepsy.
2015 Highlights

Suddenly Sleepy Saturday 2015 Was a Success

Narcolepsy Network’s Suddenly Sleepy Saturday proclamation campaign had its best year ever with supporters in 47 states requesting a proclamation from their state’s governor and 30 state governors granting the request. States that granted the requests officially issued proclamations recognizing March 7 as Suddenly Sleepy Saturday, a day for narcolepsy awareness.

Six U.S. cities also issued proclamations recognizing Suddenly Sleepy Saturday. There were also international proclamation requests, with Canadian cities Edmonton, Alberta, and Ottawa, Ontario, issuing proclamations. A supporter from South Australia also requested a proclamation.

Annual Bed Race Provided a Spirited Competition While Raising Awareness

The third annual Narcolepsy Bed Race drew more than 100 lively and supportive spectators and some tough competition. Five teams took to the course with one team, “Night Riders” racing so hard that two wheels came off their bed! The fastest team winner was “Team Smurf” from Physicians to Children in Roanoke, VA. The team and their racing bed appeared in Roanoke’s St. Patrick’s Day parade the weekend after the race to bring narcolepsy awareness to even more people in the Roanoke area.

In addition to raising awareness, the Bed Race raised more than $1,000 for Narcolepsy Network.

Walkers Laced Up to Raise Funds and Spread Awareness

More than 130 people from across the country participated in the 2015 DREAM BIG! walk on May 16, which raised narcolepsy awareness and funds for Narcolepsy Network. As walkers arrived at Pier 45 in New York City at the Hudson River Park, they received their official walk T-shirts and signed in. Following sign in, they got ready to walk with a short warm-up led by John Warren. Once energized, the enthusiastic crowd set out for the 2.5 mile walk, enjoying views of the beautiful Hudson River and New York skyline along the way. Our walk received additional support from 11 people who started online “Dream Teams” to raise money from family and friends all over the world. Many team leaders also walked, while others used the teams as a way to support the walk from afar.
2015 Highlights

Annual Narcolepsy Network Conference

Over 400 people spent a weekend with other PWNs and their loved ones during our conference in Minneapolis on October 9-11. Audiences learned about treatments, networked and made new connections, and heard the latest research developments from our keynote speaker, Dr. Emmanuel Mignot of Stanford University. Medically focused breakout sessions were led by narcolepsy specialists Drs. Lois Krahn, Chad Ruoff, and Todd Swick; researcher Dr. Claire Donjacour; Clinical Research Coordinator Mali Einen, and, last but not least, sleep and dreaming expert Dr. Rubin Naiman.

For many attendees, the conference was the first time they have ever met another person with narcolepsy. It was an exciting, emotional, and validating experience that many conference attendees have described as life-changing.

The conference weekend provided people with narcolepsy and their friends and family members the opportunity to learn from one another and to spend time in the company of other people who truly understand what it’s like to live with narcolepsy.

There were also narcolepsy management sessions for PWNs and their supporters, as well as informational presentations on health care access, disability issues, and more. There was even a full lineup of sessions geared towards youth with narcolepsy, including the kick-off of the Youth Ambassador Program.

2015 Award Winners

Narcolepsy Network’s annual awards recognize those who have made significant contributions to the narcolepsy community. The recipients received their awards at the annual conference.

Ruth Justus Nebus Volunteer of the Year: Amber Van Zee

Public Awareness: Claire Crisp

Clifford “Cliff” O’Dell Supporter of the Year: Sarah Jo Kozerow

Researcher of the Year: Dr. Claire Donjacour

Lifetime Achievement: Mali Einen
Dr. Claire Donjacour started her career as an operating room nurse in the Netherlands. In 2000, she became a psychologist and later she went on to medical school. She trained to become a neurologist at the Leiden University Medical Center. She developed an interest in narcolepsy and she became a PhD in 2014 with her thesis titled, “Narcolepsy, endocrine, metabolic and other aspects.” She is currently working as a neurologist on sleep and epilepsy at SEIN in the town of Zwolle in the Netherlands.

Tell us a little about your research
Most of my research was done in endocrine and metabolic aspects of narcolepsy and the treatment with Sodium Oxybate (SXB) (probably better known as Xyrem). The endocrine studies involved Growth Hormone (GH), Prolactin (Prl), Melatonin, Leptin & Ghrelin, Cortisol, and ACTH. We mainly looked at the differences between people with and without narcolepsy and the effect treatment with SXB had on these hormones. The main findings were that PRL secretion is not altered in hypocretin-deficient narcolepsy patients. SXB administration increases prolactin secretion in narcolepsy patients and controls. GH secretion characteristics were not different in patients and controls. SXB increases total 24-h GH secretion in narcolepsy patients only. Leptin secretion and ghrelin concentrations are not altered in narcolepsy. Daytime plasma melatonin concentrations (as a percentage of average 24-h concentration) are elevated in narcolepsy patients.

Another big part of my PhD project was looking at insulin sensitivity. In the past, there was a strong belief that narcolepsy patients were more prone to get type 2 diabetes, which makes the body less sensitive to insulin. We were the first to use the gold standard (best method) to prove this and actually discovered that people with narcolepsy are more insulin sensitive, and therefore less prone to get diabetes. This project, also discovered that narcolepsy patients may have a lower rate of lipolysis (burning fat) than matched controls. If that is the case, then this could be one reason why people with narcolepsy are overweight. Again we looked at the effect of SXB which stimulated lipolysis in narcolepsy patients, possibly accounting for part of the weight loss during treatment.

What impact do you think this research will have on our understanding of narcolepsy and/or its treatment?
The studies described in my thesis provided insight on different endocrine systems, and the effect of SXB on all of those. One of the major findings was that it is unlikely that people with narcolepsy are more prone to get diabetes than their matched controls. Another important finding is that confusion of dreams with reality is a prevailing symptom of narcolepsy.

Where will your research go from here?
The upcoming projects are on new compounds for the treatment of narcolepsy. We will participate in two studies to get registration for these drugs. I’m afraid that is all I can say for now.

How did you become interested in narcolepsy?
Actually, I have always been interested in sleep. As a kid, I always wanted to stay up late, especially because I was sent to bed earlier than most of the other kids in school. When I left home at age 17, I decided to stay up very late each night but learned then that sleep was unavoidable after a certain time. When I studied psychology, I was one of the 16 lucky ones that were allowed to do a course in sleep medicine. I learned about narcolepsy and thought it was a very interesting disorder. There my love for sleep medicine absolutely grew, and then I decided I wanted to work in this concentration, preferably in narcolepsy. As a psychologist, I did a research project on bright light exposure on nurses in the intensive care unit. When I went to medical school, I met Dr. Gert Jan Lammers who is an expert in narcolepsy. I started doing some projects with him as a student and developed a cataplexy questionnaire. I was so happy that he offered me a PhD project in 2007.

How was your experience attending the NN conference this year?
I loved this conference. I met so many people and there was a nice mixture of talks. Of course I was, and still am very happy with my award. I loved the reason why others got awards, as well. The party night was great - I sat down with some delicious snacks and watched Willy Wonka and the Chocolate Factory. The movie recalled memories from my youth. I even dreamed about it!
Thank You 2015 Donors!

Narcolepsy Network thanks the following donors, whose generous gifts made it possible for us to provide information and support to thousands of people living with narcolepsy and their families. We also thank those not listed who volunteered their time and energy to help further Narcolepsy Network’s mission.

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January 11, 2015
February 22, 2015
March 15, 2015
April 19, 2015
May 17, 2015
June 14, 2015
July 19, 2015
August 16, 2015
September 20, 2015
November 15, 2015
December 20, 2015

The Board of Trustees met in person October 12, 2015.
Narcolepsy Network

would like to thank all its supporters and donors - it is because of you that we have been able to expand our programs and reach more PWNs. We are making strides in spreading awareness and the hard work has resulted in both strong corporate support and a wider base of contributors. Innovative fundraisers such as the Narcolepsy Bed Race in Roanoke, VA, the New York City walk, and professional golfer Nicole Jeray’s Swinging for Sleep campaign also contributed to our growth.

As we look forward, we hope to continue our mission of improving the lives of people with narcolepsy. We already celebrated a successful 2016 Suddenly Sleepy Saturday, a day for narcolepsy awareness. We look forward to counting on your support in 2016 and beyond.

Warm Regards,

Louise O’Connell
Treasurer
Narcolepsy Network Board of Trustees

Statement of Financial Position - Years ended on December 31

<table>
<thead>
<tr>
<th>Assets</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$328,212</td>
<td>$476,266</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>2,294</td>
<td>37</td>
</tr>
<tr>
<td>Investments</td>
<td>58,460</td>
<td>5,519</td>
</tr>
<tr>
<td>Property and equipment, net</td>
<td>2,500</td>
<td>2,500</td>
</tr>
<tr>
<td>Inventory</td>
<td>52</td>
<td>52</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$391,466</strong></td>
<td><strong>$484,874</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$4,380</td>
<td>$58,935</td>
</tr>
<tr>
<td>Payroll withholds and accrued taxes</td>
<td>3,266</td>
<td>2,710</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$7,646</strong></td>
<td><strong>$61,645</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>$383,820</td>
<td>$423,229</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>$383,820</strong></td>
<td><strong>$423,229</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total liabilities and net assets</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$391,466</strong></td>
<td><strong>$484,874</strong></td>
<td></td>
</tr>
</tbody>
</table>

Statement of Activities - Years ended on December 31

<table>
<thead>
<tr>
<th>Income</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corporate Grants</td>
<td>$81,500</td>
<td>$150,000</td>
</tr>
<tr>
<td>National Conference*</td>
<td>158,067</td>
<td>172,388</td>
</tr>
<tr>
<td>Contributions</td>
<td>103,079</td>
<td>108,509</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>33,270</td>
<td>41,535</td>
</tr>
<tr>
<td>Other</td>
<td>(48)</td>
<td>1,438</td>
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<tr>
<td><strong>Total Income</strong></td>
<td><strong>$375,868</strong></td>
<td><strong>$473,870</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Expenses</th>
<th>2015</th>
<th>2014</th>
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</thead>
<tbody>
<tr>
<td>Programs</td>
<td>$141,921</td>
<td>$150,562</td>
</tr>
<tr>
<td>National Conference</td>
<td>155,804</td>
<td>112,803</td>
</tr>
<tr>
<td>Public Information</td>
<td>65,665</td>
<td>65,188</td>
</tr>
<tr>
<td>Membership</td>
<td>363,390</td>
<td>318,553</td>
</tr>
<tr>
<td>Total program expense</td>
<td>11,924</td>
<td>15,316</td>
</tr>
<tr>
<td>General and administrative</td>
<td>$415,277</td>
<td>$376,217</td>
</tr>
<tr>
<td>Fundraising</td>
<td>(48)</td>
<td>1,438</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$376,217</strong></td>
<td><strong>$415,277</strong></td>
</tr>
</tbody>
</table>

Net increase (decrease) in net assets

<table>
<thead>
<tr>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>($39,409)</td>
<td>($97,653)</td>
</tr>
</tbody>
</table>

*Conference Income includes corporate grants - $98,000 in 2015; $90,000 in 2014.
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We express our sincere appreciation to all those who support Narcolepsy Network’s efforts. To make a donation, visit www.narcolepsynetwork.org. Please consult your lawyer for additional information on planned giving through a will, trust, or estate. Narcolepsy Network is a tax-exempt 501(c)(3) nonprofit organization. Your contributions are tax-deductible to the extent permitted by law. Please consult your tax advisor for details.

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If you do a lot of your shopping online, you can shop till you drop and help out NN at the same time. Just remember to go to www.smile.amazon.com for your online shopping, and switch any Amazon bookmarks to the corresponding Amazon Smile page. When a purchase is made through the Amazon Smile website, the company donates a portion of the purchase price of items you buy to an organization of your choice, like NN. It’s just like shopping on the regular Amazon site, but NN benefits. If you are new to Amazon Smile, the website will ask you to pick an organization when you first create your account and you can select “Narcolepsy Network” at that point. For returning users, you can select NN by going to Your Account and selecting Change Your Charity.

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